



# Albion Area

## Lifelong Learners

Participating Member  
**ROAD SCHOLAR**  
Adventures in Life Long Learning



Winter 2015 Newsletter

[AlbionAALL.org](http://AlbionAALL.org)

## 2015 Winter Assembly

January 15, 2015 Winter Assembly

Speaker: John Sherwood

Bobbitt Auditorium, Albion College - 10:00 a.m.

Subject: "The Adam Crosswhite Incident: its local connection and impact on legislation that further fractured the states in the lead-up to America's Civil War."

"The Crosswhite Incident" is legendary in Marshall, MI for having been a moment when the abolitionist cause stirred a state's-rights controversy between Michigan and Kentucky in the late 1840s. It is part of the best-documented case of a slave family escaping together and enduring a series of travails until freedom in Canada and, eventually, the United States. John Sherwood is the author of a "Michigan History" article on the subject as well as the compiler of "The Crosswhite Compendium," available for researchers in the Marshall and Battle Creek public libraries.

John is a Marshall native, a graduate of Marshall High School, Albion College ('72) and Western Michigan University. A life-long journalist, he has worked primarily with the Gannett Co. newspapers in Battle Creek, Port Huron and Wilmington, Delaware. Sherwood also served as a public-relations specialist for Oaklawn Hospital in Marshall for two years. As a free-lance writer, he has traveled frequently to the United Kingdom researching the basis for his creation of mystery-weekend events for the Victorian Villa Inn in Union City.





“Take one of these with water  
half-an-hour before you wake up  
every morning.”

## The Rainbow Connection

The Albion Rainbow Connection, a group of LGBTQ people and allies, strives to develop "safe spaces in places, minds, and hearts" through education and awareness, and by addressing bullying, discrimination, exclusion, and other issues important to the LGBTQ community. The group has asked local area churches, governments, and organizations to help create awareness in Albion and surrounding communities of the group's existence and purpose. Please send an email to [albionrainbowconnection@gmail.com](mailto:albionrainbowconnection@gmail.com) with any questions, to join the group, or to be added the group's private Facebook page and / or private email list.



WINTER CLASS ANNOUNCEMENTS

Winter 2015 Newsletter

Albion, Michigan 49224

P.O. Box 188

AALL

# AALL Course Descriptions, Winter, 2015

## Registration required

EASTERN EUROPE SINCE THE FALL OF THE BERLIN WALL. Patrick McLean, MA, Political Science, Continuing Studies from Freie Universität, Berlin, Director Ford Institute, Albion College. Mondays, 2:00-4:00, January 19, 26, February 3, 10. TBA. **Note: Deadline for Registration is January 9**

This course will explore the varied paths taken by the states of the former Eastern Bloc since 1989. The first class will include a brief history of the region under Communism in order to understand the events after the Berlin Wall fell. We will also cover the dramatic events that led up to the actual dismantling of the wall in November, 1989.

The second week will include a discussion of key social and political events during the post-Communist era, including German reunification, the movement toward the West through membership in NATO and the European Union, the Balkan wars, and some of the areas where different countries' paths diverge.

The third week will focus in a more detailed way on socio-political situations in a few countries such as Poland, the former Czechoslovakia, Hungary, and one or two countries of interest to participants in this course.

We will conclude with a discussion of the current state of Eastern Europe, including relations with the West and with Russia. The situation in the Ukraine will be included in the discussion, particularly as it affects the rest of the region. Finally, we will conclude with a discussion of the travel opportunities in the region with an emphasis on some of the great cities including Prague, Budapest, and Berlin.

EVOLVING KNOWLEDGE ABOUT FOOD. Trisha Franzen, PhD., Professor, Women's and Gender Studies, Albion College and Barbara Lange, M.A., Retired Home Economics Educator. Mondays, 10:00-12:00. February 2, 9, 16, 23. **Note: \$5.00 fee. Class size limit: 20 persons. (Registration deadline January 22)**

The first two sessions of the course, taught by Trisha Franzen, will 1) outline briefly the history and cultural meaning of food, and 2) introduce you to the burgeoning field of food studies that offer new approaches such as scientific, historic, and economic analyses of food. Among the questions we'll consider are what we can learn from traditional diets; why our modern diets influence the human microbiome; how globalization has changed (and continues to change) what we choose to eat; and finally, what all this has to do with homemade sauerkraut.

Sessions three and four, offered by Barbara Lange, will expand understanding of key pieces of consumer information published by the USDA. We will explore the historical context of consumer protections in the food industry and discuss the benefits and limitations of government regulations. We will analyze Nutrition Facts Labels, Ingredient Panels, Content Claims, My Plate Guidelines, and Food Safety Rules in order to increase their usefulness as tools for making food decisions. In addition we will find out about an online diet analysis program and, finally, participate in a cooking project.

SHAKESPEARE IN MUSIC. Rob Reed. Wednesdays, 2:00-4:00. February 04, 11, 18, 25. Reed Home, 414 Allen Place, Albion. **Class size limit: 30 persons. (Registration deadline January 22)**

In 1598, Francis Meres praised "the mellifluous and honey-tongued Shakespeare." The world agrees. Shakespeare eventually gave us sonnets, extended poems, and 37 plays that read as music. From Master "Jack" Wilson, composer and actor at Shakespeare's Globe, through the next 400 years, thousands of musicians have been inspired to capture the Bard's wit and melancholy. The greatest have channeled Shakespeare. This course will look at the hits and a few misses of music inspired by the unique body of work that stirs every imaginative soul. Hector Berlioz mused, "Next to God, it is Shakespeare who has created most."



"I CAN'T GO TO THE MOVIES WITH YOU, ELENORE. I'M STILL GROUNDED FOR SOMETHING I DID IN 1937!"

## AALL Officers

President :	Robin Reed
Vice President:	John Kondelik
Treasurers:	Alice Cook
Secretary:	Hal Wyss
Editor, Newsletter:	Dick Lewin

THE RACE FOR STOCKHOLM. Vanessa McCafrey, Ph.D., Associate Professor, Chemistry, Albion College. Tuesdays, 2:00-4:00. February 3, 10, 17, 24. TBA. (Registration deadline January 22).

What is the Nobel Prize? Given every October, the Nobel Prize celebrates and recognizes monumental achievements in medicine, physics, chemistry, literature, and peace. Established by Alfred Nobel's will in 1895, the prizes are widely regarded as the most prestigious award that a person can win. In this class, we will look at some of the Nobel Prizes given in the sciences. The first topic of discussion will be Alfred Nobel. We will read his will and try to understand the motivation behind the establishment of the prizes. In the subsequent weeks, we will look at each of the science prizes in turn (chemistry, physics, and medicine) and learn about some of the more important prizes awarded in each of the areas. Controversies surrounding specific prizes will also be discussed. Participants should have access to a computer and the internet, as some of the class material will be distributed as (.pdf) files. The Nobel Prize website ([www.nobelprize.org](http://www.nobelprize.org)) will also be used for some material.

TRAVELOG 2015. Thursdays, 2:00-4:00. February 5, 12, 19, 26. Naomi Lane Room, Albion District Library. (Registration deadline January 22)



February 5: Darlene & Tom Chisholm. Nepal: Land of Hindu Temples, Buddhist Stupas, Himalayan Mountains and motor bikes.

February 12: Marilyn Hennon. South America.

February 19: Simon Narasimhan. India: Ajanta Caves, Ellora arts, South India sculptures and temples. Slides and videos. Also schools as part of a Rotary visit.

February 26: Barb and Bill Rafail. From Montana to Nevada, America's Natural Treasures.

INDUSTRY IN ALBION. Arranged by Jim Whitehouse, JD. Wednesdays, 10:00-12:00. February 4, 11, 18, 25. Class size limit: 28 persons. (Registration deadline January 22).

LOCATIONS:

2/4 — Alumni Conference Room, Kellogg Center, Albion College.

2/11 — Caster Concepts

2/18 — Team 1 Plastics and

2/25 — Haas Trucking

Carpools will be arranged by Rick Lange, Coordinator.

This class will provide a sampling of current industries in Albion, as well as a look at the history and a peak into the future of industry in Albion.

Tours of facilities will be included with discussions about the nature of each business visited, as well as benefits and challenges of doing business in the Albion area.

The first session on February 4, 2015, will feature presentations by Dr. Wesley Dick discussing the history of industry in Albion, and Peggy Sindt, President of Albion Economic Development Corporation, discussing the present/future of industry in Albion.

The other three sessions (February 11, 18 and 25, 2015) will be conducted at Caster Concepts, Team 1 Plastics, and Haas Trucking and will feature information provided by the respective presidents of those companies, Bill Dobbins, Craig Carrel, and Ed Haas. Tours of facilities will also be included.

Participants will get a close-up look at these three modern companies — two manufacturing facilities and one trucking company.

You will see high-tech equipment, up-to-date management methods, highly skilled labor, and leading edge communication at work.

These companies are NOT "your father's Oldsmobile!"



# AALL Course Registration Form – Winter 2015

## Registration Instructions – Please Read Carefully

1. Fill in the blank below (on the left) for yourself. If you have a spouse/partner who is an AALL member, use the blank (on the right).
2. For each course for which you wish to register, place a number in the box in front of the course name: 1 for the course you most wish to take, 2 for the second course you wish to take, etc. Note: If you only wish to take one course, indicate only one (1) course (mark it with the number 1) — see instruction 4 below.
3. In the column marked FEE, indicate the appropriate cost. Your first course (each term) is free with your AALL membership; simply write FREE in the FEE column. For each additional course, the fee is \$10.
4. If you wish to indicate an alternate choice (in case one of your choices above is oversubscribed and you are not admitted to that course), mark an X in the box before your alternate choice.

**IMPORTANT:**

1. Use numbers in the boxes to indicate which course(s) you wish to take; use an X only to indicate alternate courses.
2. If you are registering for a course with limited enrollment, make sure you mark it number 1 (only those indicating a course as their first choice are entered into the random selection).

"If there are additional class fees for supplies, these fees need to be paid at the time of registration and are non-refundable unless the class is canceled."

NAME: _____ phone: _____ E-mail: _____	NAME: _____ phone: _____ E-mail: _____																																
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**MEMBERSHIP FORM**  
 (To be completed only by those wishing to renew their membership in AALL)

Name \_\_\_\_\_ Spouse/Partner Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Date \_\_\_\_\_

Phone ( ) \_\_\_\_\_ E-mail \_\_\_\_\_

Dues: \$20 per year per person      Spouse's E-mail \_\_\_\_\_

\_\_\_\_ Yes, I am 55 or older (spouse/partner could be younger)



A suggestion was made at the AALL Board Meeting that members could bring their own coffee mugs to classes to help reduce landfill issues. The impact of this decision may seem to be of small significance, but it is one way that we can reduce our environmental "FOOTPRINT". AALL will continue to provide cups for those who don't bring their own.

## AALL Membership

If you are not already an AALL member, or if you have not paid your 2014-2015 dues, a membership form is included at the bottom of the "Course Registration" form. Dues are \$20 per person, per year, with the year running from July 1 to June 30 of the following year.

Members may take one (1) free course per term (fall, winter, spring). There is a charge of \$10 for each additional course taken in any term. Members who are not sure whether they have paid dues for the current year should contact Alice Cook, AALL Treasurer, at 517-629-6432 or e-mail: [acook@alumnimail.albion.edu](mailto:acook@alumnimail.albion.edu).

## Registration Information

The Registration form attached to this newsletter should be sent, with payment (if any), to:

**AALL Registrar**

**P.O. Box 188**

**Albion, Michigan 49224**

or brought to the

**Winter Assembly on January 15, 2015 @ 10 a.m. in Bobbitt Auditorium, Albion College .**

**"If there are additional class fees for supplies, these fees need to be paid at the time of registration and are non-refundable unless the class is canceled."**

### AALL Lottery Policy for Over-Enrolled Classes

When a course with limits is over-enrolled, the names of all of those who had it listed as #1 shall be entered in a lottery. Those randomly drawn shall be placed in the class. Those not selected will comprise the waiting list and also be given first access if that course is offered again. The registrar will keep a record of those on the waiting list until the course is offered again.

Those selected for the course in its first offering will not be eligible to retake it until all those on the waiting list have had the opportunity to take the course.

Those who have signed up for a class with limits and listed it as #1 are encouraged to sign up for at least one additional class. Members are also encouraged not to sign up for a course with limited enrollment if they know they won't be there for all four sessions.

Registrants for all classes will receive a letter shortly after **January 25, 2015** that will acknowledge their registration, and provide additional information about the course(s) for which they have registered.

If you are unable to attend a course for which you have registered, fees will be refunded **ONLY** if the AALL Registrar, Mary Deardurff (517-629-9661) is notified **no later than one week prior to the start of the class.**

**PLEASE NOTE:** AALL incorporated as a separate NONPROFIT organization in January 2010 under the incorporation laws of the State of Michigan. However, we have NOT yet become a TAX EXEMPT organization under the provisions of the Internal Revenue Service. Therefore, any donations and/or fees paid to AALL are NOT tax deductible. The AALL Board is currently weighing the costs and benefits of applying for tax-exempt status, but no decision has yet been reached.